

# THE SARACEN'S HEAD

75 Mount Street

DISS

Norfolk

IP22 4QQ



## MENU

Telephone & Fax 01379 652853

EMail [saracensdiss@gooflemail.com](mailto:saracensdiss@gooflemail.com)

[www.saracensheaddiss.co.uk](http://www.saracensheaddiss.co.uk)

## STARTERS

**CHEF'S HOMEMADE SOUP OF THE DAY-£3.95**

**HOME MADE CHICKEN LIVER PATE-£4.95**

*With toast and salad garnish*

**DRAWN COCKTAIL-£5.25**

**DEEP FRIED CRISPY WHITEBAIT-£5.25**

**HOT POTATO SKINS-£4.95**

*Topped with melted cheese and crispy bacon or tomatoes (v)*

**DEEP FRIED TIGER PRAWNS-£5.45**

*Breaded, butterflied King Tiger prawns, with sweet chilli sauce*

**DEEP FRIED BREADED MUSHROOMS-£4.95**

*With garlic mayonnaise dip (v)*

**FRESH SARDINES-£6.25**

*Grilled with garlic and lemon butter, served with warm toast*

**CHEF'S CAESAR SALAD-£4.95**

**HOMEMADE BATTERED ONION RINGS-£4.95**

*With barbecue sauce dip (v)*

## STEAKS

Prime Scotch Beef Char-Grilled to your liking

**RUMP** (8oz.) £12.95

**RUMP** (12oz) £15.95

**RUMP** (16oz.) £17.95

**FILLET** (8oz.) £17.95

*The above steaks are all garnished with Home made onion rings and fresh mushrooms*

### **STEAK AND STILTON SAUCE**

*Prime, tender steak, pan fried to your liking Finished with a white wine, cream, mushroom and Stilton sauce*

**8oz RUMP** £14.45 **12oz RUMP** £17.45 **8oz FILLET** £18.95

### **STEAK BAROLO-£18.95**

*Our prime Fillet pan fried with onions and mushrooms, finished with a rich Italian red wine and tomato sauce*

### **PEPPERED STEAK-£18.95**

*A succulent Fillet, coated with cracked black peppercorns, flamed in brandy finished with fresh cream*

### **SURF AND TURF-£18.45**

*Prime, tender Rump (8oz.approx) char grilled to your liking garnished with filo butterfly King Tiger Prawns, onion rings and mushrooms*

**Additional sauces** (Stilton, Peppercorn and Barolo) £2.50

## **PORK, GAMMON, LAMB & LIVER**

### **SARACEN'S MEATY RIBS-£13.95**

*Half a rack of extra meaty Pork Ribs, cooked 'til falling off the bone, dressed with home made barbecue sauce, garnished with onion rings and mushrooms (c)*

### CHICKEN AND RIBS-£16.95

(For a healthy appetite!)

Grilled fresh boneless chicken breast and baby back Pork Ribs, barbecue sauce, onion rings and mushrooms

### NORFOLK GAMMON STEAK-£12.95

A thick, succulent, lightly smoked Gammon Steak (16 to 20oz.) served with fried egg or grilled pineapple (c)

### LAMB KLEFTIKO-£13.95

An individual shoulder of English Lamb Joint, marinated with tomatoes, rosemary and tarragon, cooked very gently 'til parting from the bone

### CALVES LIVER GRILL-£14.95

Tender, Calves Liver pan fried and finished with a red wine jus served with grilled bacon, tomato, onion rings and mushrooms

### PEPPERED CALVES LIVER-£14.95

Thinly sliced calves liver pan fried with mushrooms and cracked black peppercorns finished with a white wine and cream sauce

## CHICKEN DISHES

### CHICKEN PARMIGIANA-£12.45

Fresh Chicken Breast in golden bread crumbs topped with melted cheese and coated with a home made tomato sauce

### CHICKEN KIEV-£12.45

Large, fresh Chicken Breast stuffed with garlic and parsley butter, fried in bread crumbs

### CHICKEN WITH BRIE AND BACON-£12.45

A large, fresh, roast chicken breast stuffed with Brie, wrapped in bacon with a red wine jus

### SWEET AND SOUR CHICKEN-£12.45

Strips of Chicken Breast cooked in light, crispy batter served with rice, topped with a home made Chinese style sweet and sour sauce (c)

### BREADED CHICKEN STRIPS- £11.95

Strips of chicken breast in golden breadcrumbs served with home made BBQ sauce dip.

## MEAT DISHES

### LASAGNE-£10.25

Homemade beef lasagne made with extra lean minced steak served with salad and chips or garlic bread

## FISH DISHES

### FISH AND CHIPS-£9.95

Fresh fillet of Lowestoft COD or HADDOCK (10oz. approx.) fried in our light, crispy batter(c)

### SALMON WITH PRAWNS AND GARLIC-£12.95

Fresh Scotch Salmon fillet grilled, topped with prawns and Garlic Butter

### TUNA STEAK-£11.95

Fresh Tuna Steak char grilled and glazed with a fresh lime, coriander and garlic dressing

### DEEP FRIED GOLDEN SCAMPI (c) - £10.25

All Main courses, unless otherwise stated are served with Home made chips, or potatoes & Fresh vegetables or Peas

## SUNDRIES

Portion of chips - £1.95

Garlic Bread - £2.60

Crusty French bread & butter - £1.60

Home made Onion Rings - £2.35

Mushrooms - £1.60

Side salad - £2.35

## VEGETARIAN DISHES

### VEGETABLE WELLINGTON-£10.25

Fresh Ratatouille Vegetables flavored with blue cheese baked in short crust pastry served with homemade tomato sauce

### MUSHROOM STROGANOFF-£9.95

Fresh mushrooms cooked in a creamy sauce with white wine and garlic, served with rice (c)

### SWEET AND SOUR VEGETABLE SIZZLER-£9.95

Fresh vegetables and mushrooms stir fried with a homemade sweet and sour sauce served on a sizzling platter with rice and homemade onion ring (c)

## CHILDRENS MEALS

Items marked with a (c) on the menu are available in smaller portions for children, at a reduced price.

The following options are also available for children aged under 11.

**SARACENS PRIME STEAK BURGER** - Served in a sesame bun

**BREADED CHICKEN PIECES** - Home made fresh chicken breast

**PRIME PORK SAUSAGE** - Fresh locally made

**All at £5.50**

All served with homemade chips and peas or baked beans